

## **CHOOSING A SPONSOR**

*The sponsor has an important role in Confirmation—supporting you and your parents as you prepare to receive this sacrament. Recognizing this important role, the Church requires that a sponsor be:*

- ✠ Be at least sixteen years of age;*
- ✠ Be fully initiated in the Church (has received the sacraments of Baptism, Eucharist and Confirmation);*
- ✠ Be a practicing member of the Church who leads a faith-filled life;*

*Your sponsor needs to be a person who can travel with you on your journey to the reception of the sacrament of Confirmation and participate in some activities with you. Your godparents, who may already be very much involved in your life, would probably be the best choice for the role.*

*The ideal sponsor:*

- ✠ Already has a relationship of trust with you*
- ✠ Is willing to meet with you as you prepare to celebrate Confirmation.*
- ✠ Is prepared to accompany you on your faith journey before and after Confirmation.*
- ✠ Is willing to share his/her faith with you.*
- ✠ Is an older relative or friend (other than parents or stepparents) in whom you can confide.*
- ✠ Is an open, honest, caring, committed, and encouraging person who will help you grow in your understanding of the faith and in deepening it.*

*Keeping all the above things in mind, please choose a sponsor as soon as possible, complete the Sponsor Information sheet, and ask him/her to obtain a letter of recommendation from his/her parish (unless a parishioner of Nativity). Return the Sponsor Information form to the Faith Formation office or to your group facilitator at our sessions no later than Monday, October 3, 2011.*